

**ADULT EDUCATION MEETING**  
**SEPTEMBER 19, 2018**  
**4:00 P.M.**  
**PARISH LIFE CENTER**

Attend: Pastor Jim, Melissa Henry, Cecelia Travick-Jackson, LaJean Wenzel, Robert Jackson,

Regrets: Gayle Johnson, Denise Sobolik

Devotion: Cecelia-Fear of the future from “Keep Calm and Trust God” by Jake and Keith Provance- based on Proverbs 3:5-6

Correction of August minutes: September programs on the 12<sup>th</sup> of September rather than on the 5<sup>th</sup> as was reported in the August minutes.

Discussion for future Adult Education offerings:

- † It was suggested from a Rally Day suggestion to have more lay led Bible Studies.
- † Toppers might be a place to have a Theology on Tap discussion
- † Melissa will offer to host a reading group on the book “Sensible Shoes” date to be decided
- † Pastor Jim said that Padre Serra has invited Mt Cross to take part in the ecumenical study of the Alpha series as a way to attract and engaged younger people in the Christian Faith and knowledge of the Bible. This is a training course for discussion leaders available in January at St. Columba’s. Pastor Jim will find out more information on the course.

*Alpha course*-From Wikipedia, the free encyclopedia

The **Alpha course** is an [evangelistic](#) course which seeks to introduce the basics of the [Christian faith](#) through a series of talks and discussions. It is described by its organizers as "an opportunity to explore the meaning of life".<sup>[1]</sup> Alpha courses are being run in churches, homes, workplaces, prisons, universities and a wide variety of other locations. The course began in Britain and is being run around the world by various Christian denominations.<sup>[2][3]</sup>



Alpha was started in 1977 by the Reverend Charles Marnham, a [curate](#) at [Holy Trinity Brompton](#), a [Church of England](#) parish in [London](#).<sup>[4]</sup> It started as a course for church members regarding the basics of beliefs commonly held by many believers in Christ but then began to be used as an introduction for those interested in the faith. The Very Reverend [John Irvine](#), at that time a curate at Holy Trinity Brompton, took over the running of the course in 1981 and developed the 10-week format which continues to this day. In 1985 the Reverend Nicky Lee took the course on and in 1990 the Reverend [Nicky Gumbel](#), also then curate at Holy Trinity, took over the running of the course<sup>[5]</sup> at the invitation of the Reverend [Sandy Millar](#) (vicar at that time) and oversaw its revision and expansion.

Alpha grew rapidly in Britain in the 1990s, from just four courses in 1991 to 2,500 in 1995. A peak was reached in 1998, when 10,500 courses were run. By 2001 this had fallen to 7,300.<sup>[6]</sup> In 2018, the Alpha website described the course as running in over 100 countries and over 100 languages, with over 24 million people having taken the course.<sup>[7]</sup> Courses have been run by [Anglican](#), [Presbyterian](#), [Lutheran](#), [Baptist](#), [Methodist](#), [Pentecostal](#), [Eastern Orthodox](#)<sup>[5]</sup> and [Roman Catholic](#) churches,<sup>[8]</sup> with some variations in course material.-https://en.wikipedia.org/wiki/Alpha\_course

- † Possibly have single sessions focused on discussion from *The Lutheran*.
- † LaJean will explore movies with religious points of view as possible offerings.
- † Melissa will explore educational seminars from Thrivent.
- † <http://www.socalsynod.org/ministries/swca-synod-women-of-the-elca/>  
Women of the ELCA offerings

Next Meeting:           October 17, 2018  
                                  4:00 PM  
                                  Parish Life Center

Devotions: LaJean  
Closing Prayer: LaJean  
Adjourn: 4:55PM

**ADULT EDUCATION MEETING**  
**AUGUST 15, 2018**  
**4:45 P.M.**  
**PARISH LIFE CENTER**

Attend:                Cecelia Travick-Jackson, LaJean Wenzel, Robert Jackson, Jan Gerk  
Regrets:             Melissa Henry, Gayle Johnson, Denise Sobolik  
Devotion:            LaJean Wenzel-Jesus Calling

**Highlights:**

Fall educational programs will begin September 5. We will continue with two Wednesday evening Bible studies for adults. Pastor Jim will lead the 5:00 Bible study and Denise will lead the 6:30 Bible study. The Bible studies will continue to function as pericopes for the upcoming Sunday. Denise will re-evaluate the level of participation at the 6:30 Bible study and then decide whether to continue it or not.

Sunday morning Bible study is the book of Psalms and is currently meeting.

Adult Education will once again participate in Rally Day on September 9. Adult Education members will be available to discuss the current programs and to ask members of the congregation who visit the booth their ideas and suggestions for adult education offerings.

In the fall or early winter we are considering another book study. More information will follow.

Next Meeting:       September 19, 2017  
                                  4:00 PM  
                                  Parish Life Center

Devotion-

Closing Prayer-LaJean  
Adjourn 5:46

**ADULT EDUCATION MEETING  
(JULY 18, 2018)  
(2:00 P.M.)**

**LAJEAN WENZEL'S HOME**

Attend: Cecelia Travick-Jackson, LaJean Wenzel, Denise Sobolik  
Regrets: Melissa Henry, Robert Jackson, Gayle Johnson  
Devotion: LaJean Wenzel

**Highlights:**

This meeting was a review of what we are doing and have done and a brainstorming of possible future venues.

Denise will continue the Christmas in July movie and biblical discussion. This year the movie is "A Christmas Carol". Class attendance is about 5-6 for each class. These are some of the questions we pondered.

- Should Christmas in July be an annual event?
- Should we offer Christmas in July every 2-3 years?
- Why didn't we have greater participation?
- Was the movie "A Christmas Carol" a poor choice?
- Did people not attend because of vacations?

Bible Studies

- Should we consider the Bible Studies in Gather Magazine, which includes both participant and leader content?
- Should we revisit the videos, "The Dramatic Presentation of Paul's Letter to the Galatians"- Three videos (about 30 min each) with accompanying study guide.
- "The Beginning of the Good News" (three videos-53 minutes, 16 minutes and 45 minutes) all with accompanying study guide.
- ELCA video series on Islam six videos about 30 minutes each all with accompanying study guide.

Melissa is working on a book review discussion on the book "Sensible Shoes". This book review remains in the planning stage, but Melissa sees it as an 8 week book review beginning in the fall. This is the first in a series by author Sharon Garlough Brown.

Wednesday Night Schedule-Invite Pastor Jim and Meredith to our August meeting to discuss Wednesday Bible Study and schedule.

- Will we continue to offer two Wednesday night classes?
- When does fall programming begin?

Next Meeting Date: August 15, 2018

4:45 PM

Parish Life Center

Devotions for August meeting-

Closing Prayer: LaJean-

Adjourn: 3:27 p.m.

Notes taken by: Cecelia Travick-Jackson

**House Mission Minutes**-House Mission has suspended meeting until further notice.

**Men's Bible Study Minutes**-I have no report from Men's Bible Study.

**ADULT EDUCATION MEETING  
(MAY 16, 2018)  
(3:45 P.M.)  
PARISH LIFE CENTER**

Attend: Melissa Henry, Robert Jackson, Cecelia Travick-Jackson, LaJean Wenzel,  
Denise Sobolik, Gayle Johnson

Devotion: Gayle Johnson

**Highlights:**

Gayle Johnson is reading the book Pub Theology-by Bryan Berghoff (the following is a description of the book from the Amazon website)

From London to New York to Ann Arbor, people are gathering in pubs and bars to communicate, connect, and learn from one another over the topic of religion, of all things. In 'Pub Theology', pastor, writer, and pub theologian Bryan Berghoff draws from his own experience in one such setting in northern Michigan. Berghoff contends that for too long the church has insisted on setting the terms for how one can find and encounter God. Yet what if God is to be found in places we haven't been looking at all: in a coworker who doesn't believe in God, in a Buddhist neighbor, in a friend who prefers a yoga studio to a sanctuary?

This book will move readers to shift toward a more chastened, humble, and inviting faith. A faith that seeks not to teach, but to learn; not to speak, but to listen. A faith that will have a seat at the table in the important religious conversations our world is having.

Real-life stories gleaned from conversations and encounters during pub theology gatherings, combined with the author's own experience in grappling with these issues, make for an intriguing and enlightening read.

LaJean shared what her home church, Faith Lutheran Church does in Spicer, Minnesota. They call their outreach Faith on Tap. Their discussions are

- Topic-driven-Word of God Meets daily life

- Faith conversation oriented around topic
  - Open-ended conversation
- They start by dividing into 2 groups – then they all come together
- They discuss topics of church calendar or regular news of the day
- Scriptural understanding or background of topic

It is not a Bible Study. They are committed to one hour. These are some of the topics they have explored; Why Lent? What makes Good Friday good?

They have about 12-15 people in attendance. They tend to have an older crowd, those retired, etc.

Denise will continue the Christmas in July movie and biblical discussion. This year the movie is “A Christmas Carol”. The movie in its entirety will be shown on Sunday July 8 in the afternoon, followed by four discussion classes on July 9, 16, 23, and 30. The discussion classes will be at 2:00 and 7:00pm. The same discussion will be offered at 2 and at 7 so participants can choose the class that works best for them.

Melissa is working on a book review discussion on the book Sensible Shoes. This book review remains in the planning stage, but Melissa sees it as an 8 week book review beginning in the fall. This is the first in a series by author Sharon Garlough Brown. A review of the book from Amazon is included.

A 2013 *Midwest Publishing Awards Show* Honorable Mention Sharon Garlough Brown tells the moving story of four strangers as they embark together on a journey of spiritual formation: Hannah, a pastor who doesn't realize how exhausted she is. Meg, a widow and recent empty-nester who is haunted by her past. Mara, a woman who has experienced a lifetime of rejection and is now trying to navigate a difficult marriage. Charissa, a hard-working graduate student who wants to get things right. You're invited to join these four women as they reluctantly arrive at a retreat center and find themselves drawn out of their separate stories of isolation and struggle and into a collective journey of spiritual practice, mutual support and personal revelation. Along the way, readers will be taken into a new understanding of key spiritual practices and find tangible support for the deeper life with God. If you want to travel this journey with others, you will find a group study guide and book club resources at [www.sensibleshoesclub.com](http://www.sensibleshoesclub.com).

Next Meeting Date: July 18, 2018  
 4:45 PM  
 Parish Life Center

Devotions for July meeting-  
 Closing Prayer: LaJean-What is Easter-God has a plan  
 Adjourn: 4:55 p.m.

Notes taken by: Cecelia Travick-Jackson

## HOUSE MISSION MINUTES

House Mission has suspended meeting until further notice.

## MEN'S BIBLE STUDY MINUTES

MAY 2018

Men's Bible Study is a long standing group that meets every other Tuesday at 7:30 AM at Denny's Restaurant (1659 E Daily Dr) in Camarillo. The Bible Study is led by the Pastor and it usually follows the current ELCA Lectionary (Gospel Readings), in preparation of the following Sunday.

**ADULT EDUCATION MEETING  
(APRIL 18, 2018)  
(3:45 P.M.)  
PARISH LIFE CENTER**

Attend: Melissa Henry, Robert Jackson, Cecelia Travick-Jackson, LaJean Wenzel,  
Pastor Jim, Norm Williamsen

Regrets: Gayle Johnson

Devotion: Cecelia-Peace is my continual gift to you - (from Jesus Calling by Sarah Young)  
Exodus 16:15-16, 19; Philippians 4:6-7, 19; Hebrews 4:16

Highlights: We watched part 2 of the video "The Beginnings of the Good News" A live performance of Mark's Gospel by Philip L. Ruge-Jones. Section two was 16 minutes long. The group then explored how the entire video could be incorporated into Adult Education. The group also had discussion questions to help guide adult education classes. Melissa is exploring using the video as a small group meeting in her home. LaJean and Cecelia are exploring other ways the video might be used. There were no definitive dates set since all must check their schedules.

Next Meeting Date: May 16, 2018  
3:45 PM  
Parish Life Center

Devotions for May meeting-Gayle Johnson  
Closing Prayer: LaJean-What is Easter-God has a plan  
Adjourn: 5:00p.m.

Notes taken by: Cecelia Travick-Jackson

**HOUSE MISSION MINUTES**

House Mission has suspended meeting until further notice.

## MEN'S BIBLE STUDY MINUTES

APRIL 2018

Men's Bible Study is a long standing group that meets every other Tuesday at 7:30 AM at Denny's Restaurant (1659 E Daily Dr) in Camarillo. The Bible Study is led by the Pastor and it usually follows the current ELCA Lectionary (Gospel Readings), in preparation of the following Sunday.

## CORRECTED-ADULT EDUCATION MEETING

MARCH 21, 2018

3:45 PM

PARISH LIFE CENTER

Attend: Robert Jackson, Gayle Johnson, Cecelia Travick-Jackson, LaJean Wenzel, Tina Riley

Regrets: Melissa Henry,

Devotion: LaJean –Being Thankful Everyday-(from Jesus Calling by Sarah Young)

### Highlights:

- The class How Lutherans Interpret the Bible was first offered in 2010. LaJean completed teaching the class this month. Participants in the class feel the class should be offered again on a church wide bases every few years. In the meantime a small home group has asked to borrow the DVD for an in-home session of 4-6 people. LaJean has put together discussion questions and a feedback sheet to assist small home groups that would like to form a discussion group on How Lutheran Interpret the Bible. The DVDs are available should any group want to borrow them.
- Gayle continues to investigate Theology on Tap. Suggestions include various pastors meeting with the group to discuss a particular Biblical theme or Bible story. Perhaps have group meet at a home rather than in a restaurant or pub. Gayle will meet with Pastor Jim to discuss various possibilities. LaJean's home church, Faith Lutheran, in Minnesota has a theology on tap program called Faith on Tap. At the April meeting she will share some of the insights from that church's program.
- Tina offered the suggestion of having more adult education activities that include younger parents, such as parenting classes.
- Melissa expressed interest in a future book study with the book, Sensible Shoes by Sharon Garlough Brown
- At April meeting we review part of the video on the Gospel of Mark

Next Meeting: April 18, 2017  
3:45 PM  
Parish Life Center

Devotions: , April 18-Melissa or Cecelia

Closing Prayer: LaJean  
Adjourn: 5:05 PM

Notes taken by: Cecelia Travick-Jackson

## HOUSE MISSION MINUTES

House Mission has suspended meeting until further notice.

## MEN'S BIBLE STUDY MINUTES

MARCH 2018

Men's Bible Study is a long standing group that meets every other Tuesday at 7:30 AM at Denny's Restaurant (1659 E Daily Dr) in Camarillo. The Bible Study is led by the Pastor and it usually follows the current ELCA Lectionary (Gospel Readings), in preparation of the following Sunday.

Submitted by Cecelia Travick-Jackson based on conversation with Pastor Jim

## ADULT EDUCATION MEETING

FEBRUARY 21, 2018

4:00 PM

PARISH LIFE CENTER

Attend: Robert Jackson, Gayle Johnson, Cecelia Travick-Jackson, LaJean Wenzel

Regrets: Melissa Henry, Denise Sobolik,

Devotion: Cecelia –Trust and Thankfulness-(from Jesus Calling by Sarah Young)  
Colossians 2:6-7; Psalm 141:8; 1Peter 5:5

### Highlights:

- The labyrinth that the synod has will not fit in the Parish Life Center. We will need to use a chalk labyrinth. When we have a labyrinth it will be good to plan it at a time when we have an activity at the church that involves the community for maximum use and also make sure that the labyrinth is well publicized.
- The class How Lutherans Interpret the Bible is going well. A small home group has asked to borrow the DVD for an in-home session of 4-6 people. Discussion questions and DVDs are available should the group or any other group want to borrow them.

LaJean has developed a comments/feedback sheet to be handed out at the conclusion of the classes that will help with the development of future classes and give feedback on existing classes.

- Gayle continues to investigate Theology on Tap. Suggestions include various pastors meeting with the group to discuss a particular Biblical theme or Bible story. Perhaps have group meet at a home rather than in a restaurant or pub. Gayle will meet with Pastor Jim to discuss various possibilities.
- Adult Education will host the Wednesday evening Lenten soup supper on March 7.
- Other items discussed were having activities or series that include the community, for example a speaker on families, ethics; violence, etc. This could possibly be co-sponsored with Meredith's parents groups.

Have something at the church which involves the community on the National Day of prayer- Thursday May 3, 2018.—this year's theme is Unity from Ephesians 4:3 (*making every effort to maintain the unity of the Spirit in the bond of peace* –NRSV). This might be an excellent time to have a labyrinth.

Next Meeting: March 21, 2017  
3:45 PM

Parish Life Center

Devotions: March 21, 2018-Melissa or LaJean

Closing Prayer: LaJean- God's Valentine's Gift to Us (Poem by Joann Fuchs)

Adjourn: 5:05 PM

Notes taken by: Cecelia Travick-Jackson

## HOUSE MISSION MINUTES

FEBRUARY 2018

**The Berg, Williamsen and Purcer House Mission Bible Study will continue its study of the Book of Acts after Lent.**

If you would like to become part of this House Mission Bible study group or if you want more information contact Norman or Ann Williamsen at (805) 482-9757.

The House Mission Bible Study meets every 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month at 7:30 pm at the home of Gordon and Karen Bergh. The House Mission group uses a Bible Study Guide (from Intervarsity Press) to facilitate conversation and to gain a deeper biblical, Christian and spiritual understanding of the book of Acts. Devotions and Prayers are often included in the study guide.

Adult Education will host the Wednesday evening Lenten soup supper on March 7, Please come and help set up for the supper and help clean up after the supper.

Minutes submitted by Cecelia Travick-Jackson and based on conversations and emails from Norm Williamsen.

## MEN'S BIBLE STUDY MINUTES

### FEBRUARY 2018

Calling all men! Calling all men!

Men's Bible Study is a long standing group that meets every other Tuesday at 7:30 AM at Denny's Restaurant (1659 E Daily Dr) in Camarillo. The Bible Study is led by the Pastor and it usually follows the current ELCA Lectionary (Gospel Readings), in preparation of the following Sunday. Please join us.

February 6- Matthew 5:21-37 (for Sunday Worship- February 12)

February 20-Matthew 17:1-5 (for Sunday Worship- February 26)

March 6-John 3:1-17 (for Sunday Worship March 12)

March 20-John 9:1-41 (for Sunday Worship March 26)

Adult Education will host the Wednesday evening Lenten soup supper on March 7, Please come and help set up for the supper and help clean up after the supper.

Submitted by Cecelia Travick-Jackson based on conversation with Pastor Jim

### ADULT EDUCATION MEETING

(JANUARY 17 2018)

(4:00 PM)

PARISH LIFE CENTER

**Attend:** Robert Jackson, Melissa Henry, Denise Sobolik, Cecelia Travick-Jackson, LaJean Wenzel

**Regrets:** Gayle Johnson,

**Devotion:** Cecelia-Come to me with a Thankful Heart- Psalms 118:24; Philippians 4:6, 7, 19

**Highlights:**

Melissa will contact Synod office to borrow labyrinth for Lenten season. Labyrinth would be located in Parish Life Center and available to public on afternoons that do not conflict with other church programs or meetings.

Although Gayle was absent due to a scheduling conflict, she will continue to pursue the possibility of Theology on Tap.

There was a question on the budget in regards to Adult Education and parenting classes. Cecelia will check with Keith on this item.

LaJean has 14 people that have signed up for the class on How Lutherans Interpret the Bible-beginning January 18 and continuing through March 8.

Several enrichment opportunities were presented:

- † (Book) 8 Questions God Can't Answer was given to each attendee. This book might lend itself to a full congregational read, with informal patio ministry (coffee break between services) discussions. Other books might also be considered for congregational readings.
- † (Book) Nonviolent Communication a recommendation from Pastor Julie
- † Draft of the ELCA Social Statement on Women and Justice

Closing Prayer: LaJean- The Main thing, is to keep the Main thing, which is God, the Main Thing in our lives. Amen.

Next Meeting Date: February 21, 2018 - 4pm-Parish Life Center

–Devotions in February--- Melissa Henry

Adjourn: 4:55 PM

Notes taken by: Cecelia Travick-Jackson

**ADULT EDUCATION MEETING  
(NOVEMBER 15, 2017)  
(4:00 PM)  
PARISH LIFE CENTER**

**Attend:** Robert Jackson, Denise Sobolik, Cecelia Travick-Jackson, LaJean Wenzel

**Regrets:** Gayle Johnson, Melissa Henry,

**Devotion:** Cecelia Travick-Jackson

**Highlights:**

**Looking ahead to possible adult education classes in 2018**

- How Lutherans interpret the Bible with LaJean
- Theology on Tap –Gayle will continue to explore
- Book Review and discussion-Melissa
- Muslims and Lutherans-led by Denise
- Christmas in July with Denise using a different classic video
- Dramatic video presentations of Paul’s Letter to the Galatians and the Gospel of Mark-Cecelia (and others)

**End of the Year Calendar**

**(Wednesdays)**

- Nov 22- No Wednesday evening Bible Study
- Dec 27- No Wednesday evening Bible Study
- January 3- No Wednesday evening Bible Study

**(Sundays)**

- Nov 26-No Sunday Morning Bible Study
- Dec 24-No Sunday Morning Bible Study
- Dec 31-No Sunday Morning Bible Study

Closing Prayer: LaJean- The Main thing, is to keep the Main thing, which is God, the Main Thing amen.

Next Meeting Date: January 10, 2017  
4pm  
Parish Life Center

–Devotions in January---  
Adjourn: 4:25 PM

Notes taken by: Cecelia Travick-Jackson

**ADULT EDUCATION MEETING**

**CORRECTED COPY**

**(OCTOBER 18, 2017)**

**(4:00 PM)**

**PARISH LIFE CENTER**

**Attend:** Meredith Gardner, Melissa Henry, Robert Jackson, Denise Sobolik,  
Cecelia Travick-Jackson, LaJean Wenzel

**Regrets:** Gayle Johnson

**Devotion:** Melissa Henry

**Highlights:**

The “Fierce” book review group lead by Melissa Henry completed its study in October. The participants would like for this book to be offered again, **the group thinks it was such a great book, more people should read it.... so we as Adult Ed should offer it again (and they would talk it up to others)**

. Members of the book review group are researching other books written by Theologian Alice Connor. The group led by Melissa would also like to study the ELCA Social Statements.

The Martha and Mary group led by Cecelia was unable to complete its last session due to Robert’s hospitalization. Cecelia will deliver the last session to the group electronically.

Denise gave an update on Bible Study/ Prayers/Devotion at Many meals. Denise spoke with Trish at Many Meals and they are interested in short prayers or some type of devotion (about 15 minutes), but this will have to be approved by the board. She is awaiting a reply from the board. Denise will continue to work on this and see if there are people willing to be available for prayers at Many Meals, once a month when Mt Cross serves, however it might be difficult to find volunteers to offer prayers since many of the people who would normally volunteer to offer prayers do not drive at night. Once the time changes in November, participation in Many Meals would be after dark.

The Thanksgiving Craft project offered Carol Broderick had four participants. No donation was asked since Carol donated all of the craft materials.

We will have an Adult Ed meeting in November, but we will not meet in the month of December.

There was great discussion about membership and or participation in Women of the ELCA (Welca) and the Southwest California Synodical Women’s Organization (SoCal SWO). The latest quarterly newsletter of the SoCal SWO was shared with the group. They will be having a Winter Gathering January 27 from 9-1 in the Synod Office in Glendale. The theme is “Do not grow weary...Caregiving Opportunities. Melissa will check with Ascension Lutheran in Thousand Oaks to see if they are taking their bus to the Winter Gathering and if so perhaps those who want to attend from Mt Cross might be able to ride with them.

Melissa brought up that Mt Cross had withdrawn its membership from WELCA, but was unsure of the date. Cecelia will investigate to see if she can find out more information. Whole church formal membership might not be an option at this time, while individual participation is possible.

In our budget we would like to include at least 5 subscriptions to Gather, the Magazine published by WELCA.

Denise brought a 2017 Advent Study from ELCA World Hunger, based on the lectionary. The booklet will be placed with the other educational materials in the Church Office

Our January meeting will be January 10 at 4pm. We will be meeting one week early.

Closing Prayer: LaJean- The Main thing is to keep the Main thing the Main Thing\_\_\_\_\_amen.

Next Meeting Date: November 15, 2017  
4pm  
Parish Life Center

Cecelia to lead –Devotions in November

Adjourn: 4:50 PM

Notes taken by: Cecelia Travick-Jackson

**ADULT EDUCATION MEETING  
(AUGUST 16, 2017)  
(4:00 PM)  
PARISH LIFE CENTER**

**Attend:** Melissa Henry, Robert Jackson, Tina Riley, Denise Soblik, Cecelia Travick-Jackson, LaJean Wenzel

**Regrets:** Gayle Johnson

**Devotion:** LaJean Wenzel – Making things Happen based on the story of Naomi and Ruth

**Highlights:**

Melissa's book review on "Fierce" begins Tuesday September 12 from 7-8:30 PM in her home. The book review will run for 6 weeks. Anyone who is interested in attending should speak to Melissa.

The Wednesday evening (6:30PM) Adult Bible study will continue in the fall and Denise will continue to lead the Bible study.

Possibility of inviting Lisa Higginbotham to conduct a workshop on end of the year financial and charitable contributions.

Denise to follow up on offering devotions and/or communion at many meals.

Denise to follow up with Worship and music about having a prayer vigil or special music commemorating the violent rally held in Charlottesville, Virginia on August 13.

The Parking Lot Labyrinth scheduled for August 16 by Melissa would also include meditative prayers remembering the Charlottesville, Virginia violent rally for those who wished to offer prayers.

Cecelia to begin a Bible Study in the home of Jan Gerk on Friday September 8 and every Friday thereafter for the month of September. The Bible study is a critical analysis of Martha and Mary (found in Luke 10:38-42).

LaJean will work on a welcome and information e-mail to individuals who indicated an interest in Adult Education and Adult Bible Studies.

Denise will review the video by Rick Steves on the Reformation for possible use in the future.

Adult Education will take part in Rally Day (tentatively set for September 10)

Future Offerings for Adult Education include:

October 16 and 23 from 6:30-8:PM ---Thanksgiving craft projects with Carol Broderick

November 6 and 13---9:AM—Introduction to the English Hand bells with Tina Riley

How Lutherans Interpret the Bible—LaJean Wenzel (Date and time to be decided)

Next Meeting Date: September 20, 2017

Prayer: LaJean Wenzel

Adjourn: 5:05 PM

Notes taken by: Cecelia Travick-Jackson

**ADULT EDUCATION MEETING  
(JULY 19, 2017)**

**(4:00 PM)**  
**PARISH LIFE CENTER**

Attend: Melissa Henry, Robert Jackson, Gayle Johnson, Denise Soblik, Cecelia Travick-Jackson, LaJean Wenzel

Regrets: Meredith Gardner, Karen Nelson, James Purcer,

Devotion: Gayle Johnson (Acts 2:42) Finding joy in the word of God; Getting feedback Peace and love of God

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Melissa- August 23 from 4-8PM- We will be hosting a parking lot labyrinth.

Denise – Christmas in July going well and averaging about 15 people for the two sessions

Denise- Wednesday evening Bible study (6:30 pm) going well averaging about 5 people

Gayle - Continues to work on offering Theology on Tap. Thinking of offering 4 week sessions meeting about four times a year. Hoping to offer a fall or winter session led by a retired pastor.

Cecelia & Gayle met with Carol Broderick on craft ideas. Making placemats and napkins with a Thanksgiving theme. This would be a two week project October 16 and 23 to meet in Parish Life Center from 6:30-8PM. Carol is checking on materials and price for the project. Cecelia, Gayle and anyone else on Adult Education welcome to finalize project at a meeting on October 2. (Time and place to be decided)  
Also discussed a whole church, all age group Christmas Decoration Craft Day. Tentatively set for November 12 from 1-3pm

Cecelia- Offering a 4week Bible study group in September meeting in the home of Jan Gerk

Melissa- Offering a book discussion in her home on Tuesday September 12 and 19. They will be discussion the book "Fierce". Attendance limited to 8 people

Gayle Will continue to seek someone to teach a beginners hand bells class.

Closing Prayer- Gayle Johnson

Adjourn: 4:48 pm

Next Meeting: August 16, 2017

4:00 PM

Parish Life Center

Devotions and closing prayer to be led by LaJean Wenzel

Notes taken by: Cecelia Travick-Jackson

**ADULT EDUCATION MEETING**

**(JUNE 21, 2017)**  
**(4:00 PM)**  
**PARISH LIFE CENTER**

Attend: Meredith Gardner, Robert Jackson, Gayle Johnson, Karen Nelson, James Percer, Denise Soblik, Cecelia Travick-Jackson

Regrets: Melissa Henry, LaJean Wenzel

Devotion: Cecelia---Martha! Breathe (Luke 10:38-42)

Highlights:

We welcomed new members Karen Nelson and James Percer.

Gayle continues to work on offering Theology on Tap. This would be a way to encourage people especially those in their 30s and 40s to attend Bible study in a relaxed congenial atmosphere.

Gayle will work with Carol on teaching jewelry making or some other creative endeavor to commence on Rally Day.

Gayle will continue to seek someone to teach a beginners hand bells class.

Meditation Mondays with Sheri have 6-8 people attending each session. Adult Bible Study purchased 10 books on Christian Meditation (\$6.96 each) to be given to meditation participants. The book gives a brief history of Christian Meditation and offers suggestions for daily practice.

Two – four people attend the Prayerful walks on Tuesday mornings. On June 20 a woman from the community heard or read about the prayerful walks and has begun walking on Tuesday mornings. This provided a great opportunity to not only get to know and welcome our neighbor, but to also “stick my neck out” (from Pastor John’s sermon) as a disciple of Christ.

Barbara D’Addario is interested in teaching a class on basic music reading. She is working out the details and should get back to me (Cecelia) in a week or two.

Karen Nelson is investigating offering a class from the Stephen Ministry curriculum called Cancer Now What? The class would offer support and guidance for those with cancer and their loved ones. Although the curriculum is Stephen Ministry, a participant would not need to be a Stephen Minister, a Stephen Minister recipient, and the one leading the class might or might not be a Stephen Minister leader. Karen is also checking to see if offering a class of this type presents any ethical violations of the Stephen Ministry codes. Karen will order the guide and bring it to the next meeting. We are hoping to offer this class in the near future.

Meredith brought to our attention that at Many Meals, the participants are asking for Bible Study and communion. Meredith and Karen will coordinate with Many Meals a time and place for prayers, Communion and a short Bible Study or Devotion. Then we will seek volunteers from Adult Education to participate.

Gayle was disappointed to hear that Bible Study would no longer be offered during the summer at 6:30 pm on Wednesdays. Denise volunteer to speak with Pastor John and see how we can continue to offer Bible Study at a later time on Wednesday. Here is the result of that meeting.

**Beginning July 12 at 6:30** Denise will offer Adult Bible Study (during the summer). She will use the same curriculum that Pastor John used for the 5:00 Adult Bible Study.

Looking Ahead:

Christmas in *July*, An adult life session series hosted by Denise

**July 9 at 3:00 pm**, in the Parish Life Center Adult Education will show the movie "It's a Wonderful Life"

**July 10, 17, 24, 31**, at 2:00 pm and 7:00 pm Denise will lead discussions on Lessons of Life based on the book "52 Little Lessons from *It's a Wonderful Life*" by Bob Welch

In *August*, Melissa will take charge of a Parking Lot Labyrinth

In *September*, Cecelia will offer a 4 week Bible Study group in Leisure Village in the home Jan Gerk.

Melissa will lead a book review and discussion on the book Fierce: Women of the Bible and Their Stories of Violence, Mercy, Bravery, Wisdom, Sex, and Salvation by Alice Connor

Closing Prayer- Cecelia Travick-Jackson

Adjourn: 5:02 pm

Next Meeting: July 19, 2017

4:00 PM

Parish Life Center

Devotions and closing prayer to be led by Gayle Johnson

Notes taken by: Cecelia Travick-Jackson

**ADULT EDUCATION MEETING**

**(MAY 17, 2017)**  
**(4:00 PM)**  
**PARISH LIFE CENTER**

Attend: Lajeane Wenzel; Denise Sobolik; Gayle Johnson; Meredith Gardner;  
Robert Jackson; Cecelia Travick-Jackson  
Regrets: Melissa Henry  
Devotion:

**Highlights:**

**Review:**

Reviewed the previous minutes and discussed Norman Williamsen's clarification on the February retreat about Via Cristo and the Walk to Emmaus. Lajeane Wenzel presented background information on the Via de Crusillo- a predominately Catholic retreat and the Walk to Emmaus a Methodist retreat. It was the consensus of the committee that these possibilities can be explored in more detail at a later date.

**Theology on Tap:**

Gayle Johnson presented information on a Bible Study called "Theology on Tap"; a bible study open to men and women off campus, possibly at a local micro-brewery or a home where beer (and root beer) can be served during the bible study. She will continue to explore this possibility with Pastor John to utilize retired pastors, or CLU School of Religion faculty to lead the Bible study. She will also discuss with Pastor John, the possibility of a stipend to encourage theologian participation, if the pastors or faculty are not available to donate their time and talent.

Gayle will also check out a local micro-brewery as a possible meeting place.

**Publicity:**

LaJean Wenzel will provide monthly Adult Education updates to the Grapevine.

Denise Sobolik will notify Ventura Star (community notices) and The Acorn as new Adult Education opportunities arise.

Cecelia Travick-Jackson will submit updates to the Friday Grapevine.

**Other:**

Gayle will contact a person or persons in the congregation regarding offering a class in learning to play the hand bells.

Adult Education agreed to use our existing budget to order teaching materials such as videos, bible studies, etc. as the need arises.

Adult Education funds may also be used to purchase individual books or materials as needed for class sessions if participants are unable to supply their own materials.

Jan Gerk has offered her home to host a future Bible Study or book review. Participants will be limited to 8 people including facilitator and Jan.

We are blessed to have a committee with an abundance of ideas and a willingness to work. We are however, reminded to always ask ourselves if what we are offering is truly adult education.

Next Meeting Date: June 21, 2017  
 4:00 PM  
 Parish Life Center  
 Closing Prayer: Gayle Johnson  
 Adjourn: 4:58 PM

Notes submitted by: Cecelia Travick-Jackson

<h2 style="margin: 0;">Adult Education Committee Meeting</h2>	<p style="color: red; margin: 0;"><b>MEETING DATE, TIME, Location</b></p> <p style="margin: 0;"><b>May 3, 2017, 6:15 PM, Parish Life Center</b></p>
Facilitator: Cecelia Travick-Jackson	
Present:	Regrets:
<ul style="list-style-type: none"> <li>○ Melissa Henry</li> <li>○ Lajeane Wenzel</li> <li>○ Denise Sobolik</li> <li>○ Robert Jackson</li> </ul>	<ul style="list-style-type: none"> <li>○ Pastor Elizabeth</li> <li>○ Meredith Gardner</li> <li>○ Gayle Johnson (Phone)</li> <li>○</li> </ul>

1. It was agreed that we should begin introducing adult education opportunities as they arise rather than waiting until September to introduce all classes. Summer is a great time to begin to introduce classes. The following classes are staffed and will be introduced at various times.

Class	Facilitator	Time	Beginning	Location	Enrollment
Meditation Monday	Sheri Groenveld	1:00 PM	June 5 (meeting weekly)	Church Sanctuary	No limit on number of people who can

					participate
Prayerful Walks (silent blessings, silent thanks)	Cecelia Travick-Jackson	8:00AM	June 6 (meeting weekly)	Meet in Church parking lot and walk perimeter of Nancy Bush Park 3 times (walk as you are able)	No limit on number of people who can participate
Lutheran Bible Study	LaJean Wenzel	7:00 PM (Thursday)	TBA (To be announced)	Parish Life Center	TBA
Introductory Sewing	Barbara D'Addario	TBA	TBA	Barbara's Home	8
Monthly Hikes with Youth	Meredith Gardner	TBA	TBA	TBA	No limit on number of people who can participate
Making Friends with your Smartphone; What can I do? How do I do it?	Meredith Gardner	TBA	TBA	TBA	TBA
Fierce: Women of the Bible	Melissa Henry	TBA	TBA	TBA	TBA
Fierce: Women of the Bible	Cecelia Travick-Jackson	TBA	1:00 PM	Local restaurant	TBA
Labyrinth Walks	Melissa Henry	Monthly guided walks (1 <sup>st</sup> Saturday of each month)	10:00 AM - 12:00 Noon	St Columba's Church	No limit on number of people who can participate (Finger labyrinth's available for people who have difficulty walking)

Labyrinth Walks	Melissa Henry	You may walk the labyrinth at any time at your convenience	At your convenience	St Columba's Church	No limit on number of people who can participate
Bible Study	Cecelia Travick-Jackson	TBA	TBA	TBA	TBA

2. Classes should be advertised in the Ventura Star and in the Acorn to encourage community participation.
3. LaJean will work on the article for the Grapevine.
4. We discussed the time and talent sheet, and suggested that Adult Education be added to the list of committees and that Adult Education Opportunities be added to the Faith Formation and Grown section.
5. We agreed that our regular meeting time will be the 3<sup>rd</sup> Wednesday of every month at 4:00 PM in the Parish Life Center, beginning May 17.
6. Pastor Elizabeth recommended the book "Making Sense of the Cross" by Lutheran Pastor David Lose. This is part of the Making Sense series.
7. Meredith recommended the book "Accidental Saints: Finding God in all the Wrong People" by Lutheran Pastor Nadia Bolz-Weber
8. We agreed that we should continue to ask people to share their spiritual gifts with others as part of Adult Education at Mount Cross Lutheran Church.

Meeting adjourned at 7:20 PM

Notes taken by Cecelia Travick-Jackson

## Adult Education Committee Meeting

**MEETING DATE, TIME, Location**  
**April 2, 2017**  
**9:45AM**  
**Church Office**

Facilitator: Cecelia Travick-Jackson

Present:

Regrets: Denise Sobolik

- Lajeane Wenzel
- Melissa Henry
- Robert Jackson
- Gayle Johnson

Opening Devotion and Prayer: Cecelia -*Why We Do What We Do*

### Review of Agenda

Item (Presenter)	Info/Discussion	Action Taken
Cecelia	Review of Agenda	
LaJean	Brought and reviewed <i>The Case for Faith</i> -Lee Stroble <i>The Case for Christ</i> -Lee Strobel <i>The Case for a Creator</i> -Lee Strobel	
Melissa	<i>A Year of Biblical Womanhood</i> - Rachel Held Evans	
Melissa	<i>Fierce: Women of the Bible and Their Stories of Violence, Mercy, Bravery, Wisdom, Sex, and Salvation</i> -Alice Conner ( <a href="http://www.augsburgfortress.org/fierce">www.augsburgfortress.org/fierce</a> )	
Melissa	<i>Coming Home to Earth</i> -Mark Brouder <a href="http://www.wipfandstock.com/coming-home-to-earth.html">www.wipfandstock.com/coming-home-to-earth.html</a>	
	DVD course (6 session) <i>Earthbound: Created and Called to Care for Creation</i> <a href="http://www.selectlearning.org/store/all/earthbound-created-and-called-care-creation-dvd">www.selectlearning.org/store/all/earthbound-created-and-called-care-creation-dvd</a>	
Cecelia	Bible Study- <i>Gather the Magazine</i>	
Cecelia	Women of the Reformation	

Cecelia	<i>Illegal Gardner-Sara Alexi</i>	
Gayle	Introduced the concept of Theology on tap to attract Millennials	
Cecelia	First series of classes to be offered in September-to launch on Rally Day	
Class series Dates	Series One-September to December Series Two-January to April Series Three-May to August	
	Begin Developing Learning Packets for the materials presented	Cecelia
Melissa	Labyrinth walk at St Columba Episcopal Church on April 8 from 9:30-11:30 AM	Melissa to put article in Grapevine
	Locate a place for storage for Adult Education	Cecelia
	May Devotions and Prayers	Melissa Henry

**Additional Information-**

About 6 people from Mount Cross attended the Labyrinth walk choosing to either walk the Stations of the Cross or a Meditative walk.

Next Meeting Date-May 21, 9:45 AM in Parish Life Center (Tentative)

(11:10 am) Adjourned with Prayer lead by Cecelia

Notes Taken by:  
Cecelia Travick-Jackson

**Adult Education Committee Meeting  
Minutes:**

**MEETING DATE & TIME**  
**March 19, 2017 9:30 AM**  
**Parish Life Center**  
**Mount Cross Lutheran Church**

Facilitator: Cecelia Travick-Jackson  
 Present:

Regrets:

- o Cecelia Travick- Jackson

- o Dmitry Altshuller
- o Mary Altshuller
- o LaJean Wenzel
- o Denise Sobolik
- o Robert Jackson
- o Melissa Henry
- o Meredith Gardner

[ ]Opening Prayer:

[9:30] Review of Agenda

Item (Presenter)	Info/Discussion	Action Taken
Review and History of Adult Education Committee	Denise Sobolik	None needed
Review-Comments from Visioning Retreat of 2/4/17	<ul style="list-style-type: none"> <li>• Have more series-6-8 week type</li> <li>• Discuss area of today-faith in area</li> <li>• Book congregation read and discuss</li> <li>• Book club-(reference in sermons)</li> <li>• Intersection of faith and daily life discussions about race and privilege</li> <li>• More spirituality based education and practice</li> <li>• Prayer labyrinth-Partner with congregations</li> <li>• More spirituality based education and practice</li> <li>• Confirmation for adults “review” and remind</li> <li>• In Wednesday Bible Study ask deeper questions (hierarchy of questions to spur discussions)</li> <li>• Rick Steves’ website published for use about Lutheran Life</li> <li>• Retreat/Classes-Walk to Via Cristo, Crusillo Alpha course</li> <li>• Learning activities for adults-More opportunities</li> <li>• Train people in evangelism and outreach ex; when the opportune moment is, and what to say.</li> <li>• Women’s bible study</li> <li>• Intimacy with God-Space and Time for God, Choose your time and space</li> <li>• Teaching</li> </ul>	It was felt that all of these topics and agenda items could be met with adequate preparation, materials and discussion leaders.

	<ul style="list-style-type: none"> <li>▪ Lutheran Confessions</li> <li>• Discussions on faith <ul style="list-style-type: none"> <li>▪ Reel Justice film series-guided questions</li> <li>▪ Which leads to community</li> </ul> </li> <li>• Intersection of Faith and Daily life in our modern world</li> <li>• Not shy away from difficult conversations <ul style="list-style-type: none"> <li>▪ Divorce</li> <li>▪ Politics</li> <li>▪ Money</li> <li>▪ Death/loss</li> <li>▪ Race/racism</li> <li>▪ Privilege</li> <li>▪ Learning activities for adults-More opportunities</li> </ul> </li> </ul>	
<p>General strategies and procedures for adult education</p>	<ul style="list-style-type: none"> <li>• Topical meetings should generally be 6-8 weeks in length.</li> <li>• Meetings should be small group (6-8 people)</li> <li>• Meetings to be held at locations and times convenient for participants. <ul style="list-style-type: none"> <li>○ In private homes</li> <li>○ Restaurants</li> <li>○ Breakfast/Lunch meetings either/restaurant or brown bag</li> <li>○ Facilitators will change regarding area of interest</li> <li>○ All facilitators should be well equipped with discussion guides, leading questions, and background information as appropriate</li> </ul> </li> <li>• Specific areas of interest include but are not limited to; <ul style="list-style-type: none"> <li>○ Literary club-by genre (Christian fiction, self-help, Bible Study, Lutheranism-books by Martin Luther; Women of the Reformation, etc.)</li> <li>○ Videos</li> <li>○ Parenting Children with disabilities</li> <li>○ Welcoming Church for <ul style="list-style-type: none"> <li>▪ Children with disabilities</li> <li>▪ Adults with disabilities</li> </ul> </li> <li>○ Health issues</li> <li>○ Stewardship of the environment</li> </ul> </li> <li>• Labyrinth</li> </ul>	<p><b>Begin building useable curriculum</b></p> <ul style="list-style-type: none"> <li>○ <b>Each person is to bring to next meeting at least two (2) books or areas for study</b></li> <li>○ <b>Melissa to roll-out labyrinth sometime this summer. Exact date to be decided.</b></li> <li>○ <b>Other tentative dates for labyrinth; Holy Week (Lent) and Advent.</b></li> </ul>
<p>Cecelia</p>	<p>Try to find a time that includes adults who attend 10:00 Service.</p>	<p>To be discussed at next meeting.</p>

**Additional Information**

Next Meeting-April 2, 9:30 in Parish Life Center  
(10:35)Adjourned with Prayer lead by

Notes Taken by: Cecelia Travick-Jackson

### **Adult Education Meeting 11-12-15**

Pastor John and Denise Sobolik met to discuss plans for small group studies during Advent. Pastor John had previewed a 4 week video session from RightNow Media and it was decided to use that format for the lessons. It comes with a free study guide available to be downloaded from the web site.

In order to accommodate as many people as possible, the groups will be offered at 3 different times. Pastor John will host one group in his office on Monday mornings at 8:30. He hopes to be able to draw in some CDC parents after they drop off their children. Denise will host an evening group in Pastor John's office starting at 7:00. Hopefully a 3<sup>rd</sup> host can be found in Leisure Village or the Mission Oaks area of Camarillo who can host an afternoon session. Denise will follow up with Jan Gerck and Suzanne Ingram. All the sessions will be on Mondays, starting on 11-30 and then running on 12-7, 12-14 and 12-21.

There was also a brief discussion of doing something similar for Lent which starts at the end of February.

### **Adult Education Meeting May 20, 2015 2:00 pm**

Denise Sobolik, Dottie Keough, Meredith Gardner and Pastor John were present for the meeting.

Meredith was invited to attend the meeting to add her input regarding Right Now Media and how best to start introducing it to the congregation and using it with families in the congregation. She will start to review some of the videos and create a "Meredith's Choices" section for the Mt. Cross families to access.

Pastor John will continue to create seasonal channels (Lent, Easter...) for Mt. Cross members. He will also look at uploading videos to the Mt. Cross Channel (Sunday Adult Educ. lessons...).

Once the office sends email address info to Right Now Media, they will send out an invitation to join. It was suggested that prior to people receiving that email invitation, we should have a big "kick-off" celebration to introduce the site and acquaint people with it. We will have the kick off on Sunday June 21<sup>st</sup>. Pastor John will make sure a notice goes into the Grapevine alerting people that they will be getting the email invitation and that more info will be coming from the church

about it. On that Sunday, he may incorporate a video into the worship service. We may also have people available on the patio to walk people through the web site and help them get signed up.

The 5 sessions of Sunday morning Adult Educ. were deemed a great success. There was an average attendance each Sunday of 14-15 people. Comment cards returned after the last Sunday were all positive. It was also noted that most of those in attendance go to the 1<sup>st</sup> worship service and then return for the education time at 11:10. The class will continue in the fall at the same time. The adult educ. time may follow the new format for the children's Faith Journey time—studying 1 Bible passage for the entire month. This would allow for a much deeper study on the passage. Pastor John would like someone else to do the set-up of the video camera to record the lesson. He will continue to upload the video to the church website.

There was discussion on continuing the Adult Education through the summer. The summer worship theme will be centered on hymns and this could easily work into the education time as well. The summer Adult Ed. class will start on June 7<sup>th</sup> at 11:10. There will not be a class on July 5<sup>th</sup>. Pastor John will have an article in the Grapevine announcing the summer series. The series will end on August 23<sup>rd</sup>. Pastor John will not be here on June 14<sup>th</sup>. Dottie will lead that class (with input from Pastor John). August 2<sup>nd</sup> will be the set up for VBS so the PLC will not be available. We may meet at the park instead.

Meredith is working on starting a young adult group that will meet off site and with young adults from other local churches. Although this is not in her domain as the children's youth leader, it is of personal interest for her and she has the connections to get it started. She will continue to keep the Adult educ. committee involved in what is happening with that group.

## **Minutes from Adult Education Meeting**

Monday 3-2-15

Pastor John, Denise Sobolik, Dottie Keough and Mary Altshuller were present for a brainstorming session on ideas for adult education.

Mary mentioned that each issue of The Lutheran has an article with study guide that would be a good format for an adult education session.

### **Possible times for AE:**

Sunday mornings 11:00 am----1<sup>st</sup> service attendees could go to breakfast after church and then come back for AE.

Parents with children could have 1 parent stay at home with the children and 1 parent attend AE.

### **Other possible formats for AE:**

Occasional Spirit Cafes that might cover social statements from the ELCA.

Beth Moore Series (Jenny Christensen is no longer interested in leading. Dottie is willing but due to her work schedule would need a co-teacher)

More home/small group studies—possibly with material provided by Pastor John during monthly leader meetings.

During the summer, when there is no Sunday School for the children, perhaps having an intergenerational education hour on Sunday mornings.

Video uploads to the web.

It was decided to launch a trial time of 11:10 am on Sunday mornings for AE starting on 4-12-15 and running for 5 Sundays (through 5-17-15). Pastor John will lead the AE possibly using a uniting theme for the 5 Sundays or using the lectionary lessons for the current or upcoming week.

Dottie and Denise will speak during Sunday services to promote the new AE.

Denise will have an article put in the Grapevine and into the Sunday bulletins.