

Mount Cross Lutheran Church

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The Rev. Julie H. Morris, pastor

St. Columba's Episcopal Church

1251 Las Posas Road, Camarillo, CA 93010

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The Very Rev. Canon Gregory B. Larkin, rector

*For those of you worshipping with us in person,
thank you for wearing your mask (indoors required; outdoors optional)
and social distancing outdoors when singing.*

*Let us know you're watching us online - fill out our connection card:
<https://bit.ly/MCLCConnect>.*



To the Parents of Our Young Children –

We are so glad you are here. We know how challenging it can be to get a family out the door to come to church. We hope you can relax and receive the gifts of God that are here for you today. Please don't worry about squirming children or crying babies.

All are welcome here. If you feel you must leave the service with your child, please come back. As Jesus said, "Let the children come to me."

We want them to know they are at home in this house of worship.

To All Worshippers –

The presence of those with special needs is a gift to us and the Church. Please welcome all children and give their parents a smile of encouragement. Please greet those with special needs and their families, helping them to know they are valued and accepted in our community.

Thank you for being the welcoming Body of Christ!

Ash Wednesday

March 2, 2022, 7:00 p.m.

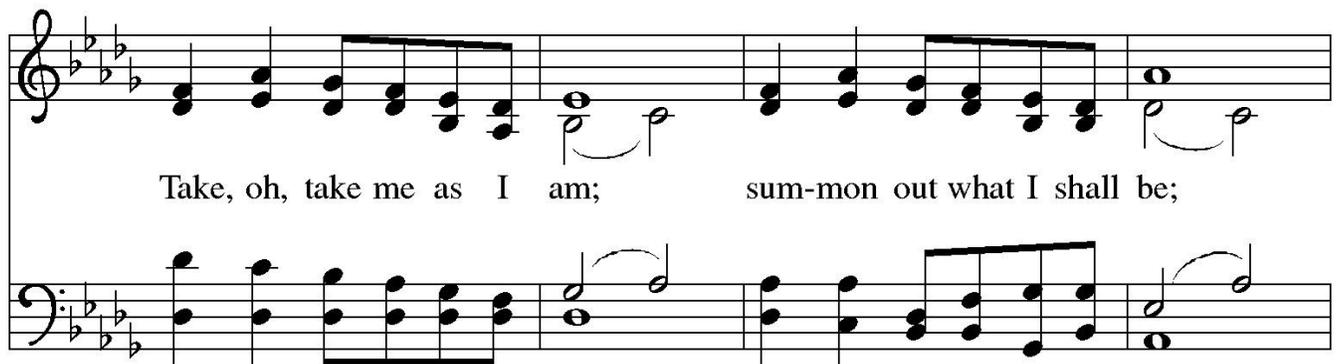
INTRODUCTION TO THE DAY

On Ash Wednesday we begin our forty-day journey toward Easter with a day of fasting and repentance. Marking our foreheads with dust, we acknowledge that we die and return to the earth. At the same time, the dust traces the life-giving cross indelibly marked on our foreheads at baptism. While we journey through Lent to return to God, we have already been reconciled to God through Christ. We humbly pray for God to make our hearts clean while we rejoice that “now is the day of salvation.” Returning to our baptismal call, we more intentionally bear the fruits of mercy and justice in the world.

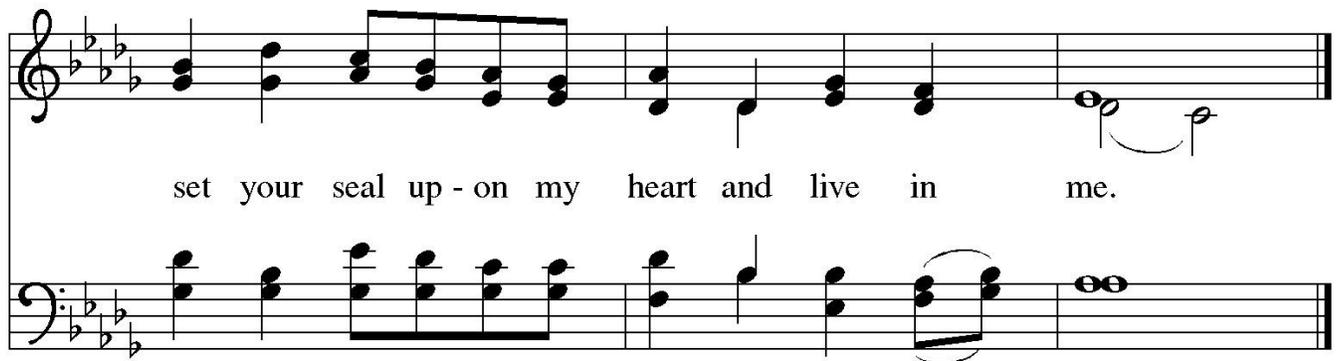
WELCOME AND ANNOUNCEMENTS - Pastor Julie Morris and Fr. Greg Larkin

GATHERING - “Take, O, Take Me As I Am” - ELW 814 - Sing 3 times

As able, the assembly stands.



Take, oh, take me as I am; sum-mon out what I shall be;



set your seal up - on my heart and live in me.

Text: John L. Bell, b. 1949

Music: TAKE ME AS I AM, John L. Bell

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GREETING

P The Lord be with you.

C **And also with you.**

PRAYER OF THE DAY

P Let us pray.

Gracious God, out of your love and mercy you breathed into dust the breath of life, creating us to serve you and our neighbors. Call forth our prayers and acts of kindness, and strengthen us to face our mortality with confidence in the mercy of your Son, Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

C **Amen.**

The assembly is seated.

FIRST READING: Isaiah 58:1-12

Shortly after the return of Israel from exile in Babylon, the people were troubled by the ineffectiveness of their fasts. God reminds them that outward observance is no substitute for genuine fasting that results in acts of justice, such as feeding the hungry, sheltering the homeless, and clothing the naked. Sincere repentance will lead to a dramatic improvement of their condition.

¹Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. ²Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. ³“Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. ⁴Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. ⁵Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

⁶Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? ⁷Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? ⁸Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. ⁹Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, ¹⁰if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. ¹¹The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. ¹²Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

L Word of God, word of life.

C **Thanks be to God.**

PSALM 51 - "Bring Forth a New Heart in Me, O God" (Browning)

Refrain

Bring forth a new heart in me, O God.

Change me, re - shape me, re - new me.

Bring forth a new heart, a new heart, O God. Trans -

form me, bring me back to You.

Final

You. Trans - form me, bring me back to You.

Verses

1. Have mer - cy, O God, have mer - cy on me. In your
 2. A - gainst you I've sinned and strayed from your path; grac - ious
 3. Cre - ate in me, God, a heart made of love and a
 4. O give back to me the joy of your grace. Help me

To Refrain

grace, blot out my trans - gress - ions.
 God, for - give all my fail - ings.
 spir - it born of your Spir - it.
 know that you will sus - tain me.

Text: Paraphrase of Psalm 51.

Words and music: Carol Browning, © 2022, Out Of The Way Music.

SECOND READING: 2 Corinthians 5:20b-6:10

The ministry of the gospel endures many challenges and hardships. Through this ministry, God's reconciling activity in the death of Christ reaches into the depths of our lives to bring us into a right relationship with God. In this way, God accepts us into the reality of divine salvation.

^{20b}We entreat you on behalf of Christ, be reconciled to God. ²¹For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

^{6:1}As we work together with him, we urge you also not to accept the grace of God in vain. ²For he says, “At an acceptable time I have listened to you, and on a day of salvation I have helped you.”

See, now is the acceptable time; see, now is the day of salvation! ³We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, ⁴but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, ⁵beatings, imprisonments, riots, labors, sleepless nights, hunger; ⁶by purity, knowledge, patience, kindness, holiness of spirit, genuine love, ⁷truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; ⁸in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; ⁹as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; ¹⁰as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

L Word of God, word of life.

C **Thanks be to God.**

As able, the assembly stands to welcome the Gospel.

GOSPEL ACCLAMATION – “Lent Gospel Acclamation” - ELW Setting 8



Let your stead-fast love come to us, O Lord.



Let your stead-fast love come to us, O Lord.



Save us as you prom-ised; we will trust your word.



Let your stead-fast love come to us, O Lord.

GOSPEL: Matthew 6:1-6, 16-21

In the Sermon on the Mount, Jesus commends almsgiving, prayer, and fasting, but emphasizes that spiritual devotion must not be done for show.

P The Holy Gospel of our Savior Jesus Christ, according to Matthew.

C **Glory to you, O Lord.**

[Jesus said to the disciples:] ¹“Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

²“So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. ³But when you give alms, do not let your left hand know what your right hand is doing, ⁴so that your alms may be done in secret; and your Father who sees in secret will reward you.

⁵“And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. ⁶But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

¹⁶“And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. ¹⁷But when you fast, put oil on your head and wash your face, ¹⁸so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

¹⁹“Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; ²⁰but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. ²¹For where your treasure is, there your heart will be also.”

P The Gospel of the Lord.

C **Praise to you, O Christ.**

The assembly is seated.

SERMON - Fr. Greg Larkin - “The Ragman”



As able, the assembly stands to proclaim the word of God in song.

SONG OF THE DAY - "Restore in Us, O God" - ELW 328



1 Re - store in us, O God, the splen - dor of your love; re -
2 O Spir - it, wake in us the won - der of your pow'r; from
3 Bring us, O Christ, to share the full - ness of your joy; bap -
4 Three - per - soned God, ful - fill the prom - ise of your grace, that



new your im - age in our hearts, and all our sins re - move.
fruit - less fear un - furl our lives like spring - time bud and flow'r.
tize us in the ris - en life that death can - not de - stroy.
we, when all our search - ing ends, may see you face to face.

Text: Carl P. Daw Jr., b. 1944

Music: BAYLOR, Hal H. Hopson, b. 1933

Text © 1989 Hope Publishing Company.

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The assembly is seated.

INVITATION TO LENT

P Friends in Christ, today with the whole church we enter the time of remembering Jesus' passover from death to life, and our life in Christ is renewed. We begin this holy season by acknowledging our need for repentance and for God's mercy. We are created to experience joy in communion with God, to love one another, and to live in harmony with creation. But our sinful rebellion separates us from God, our neighbors, and creation, so that we do not enjoy the life our creator intended.

As disciples of Jesus, we are called to a discipline that contends against evil and resists whatever leads us away from love of God and neighbor. I invite you, therefore, to the discipline of Lent—self-examination and repentance, prayer and fasting, sacrificial giving and works of love—strengthened by the gifts of word and sacrament. Let us continue our journey through these forty days to the great Three Days of Jesus' death and resurrection.

CONFESSION OF SIN

P Let us confess our sin in the presence of God and of one another.

The assembly kneels or sits. Silence is kept for reflection and self-examination.

- P Most holy and merciful God,
C **We confess to you and to one another, and before the whole company of heaven, that we have sinned by our fault, by our own fault, by our own most grievous fault, in thought, word, and deed, by what we have done and by what we have left undone.**
- P We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others as we have been forgiven.
C **Have mercy on us, O God.**
- P We have shut our ears to your call to serve as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.
C **Have mercy on us, O God.**
- P Our past unfaithfulness, the pride, envy, hypocrisy, and apathy that have infected our lives, we confess to you.
C **Have mercy on us, O God.**
- P Our self-indulgent appetites and ways, and our exploitation of other people, we confess to you.
C **Have mercy on us, O God.**
- P Our negligence in prayer and worship, and our failure to share the faith that is in us, we confess to you.
C **Have mercy on us, O God.**
- P Our neglect of human need and suffering, and our indifference to injustice and cruelty, we confess to you.
C **Have mercy on us, O God.**
- P Our false judgments, our uncharitable thoughts toward our neighbors, and our prejudice and contempt toward those who differ from us, we confess to you.
C **Have mercy on us, O God.**
- P Our waste and pollution of your creation, and our lack of concern for those who come after us, we confess to you.
C **Have mercy on us, O God.**
- P Restore us, O God, and let your anger depart from us.
C **Hear us, O God, for your mercy is great.**

IMPOSITION OF ASHES

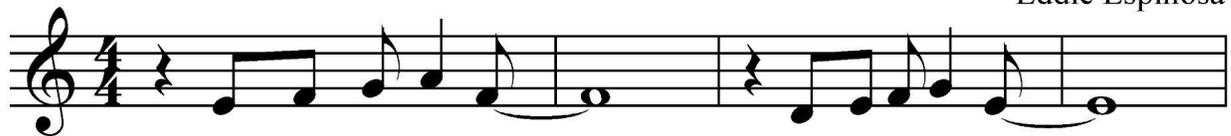
P Almighty God, you have created us out of the dust of the earth. May these ashes be a sign of our mortality and penitence, reminding us that only by the cross of our Lord Jesus Christ are we given eternal life; through the same Jesus Christ, our Savior and Lord.

C **Amen.**

As directed by the ushers, you may come forward to the altar rail and stand or kneel to receive ashes. During the Imposition of Ashes, all may sing the following music:

“Change My Heart, O God” - ELW 801 - sing 2 times

Words and music by
Eddie Espinosa



Change my heart, O God; ___ make it ev-er true. ___



Change my heart, O God; ___ may I be like you. ___



You are the pot - ter; I am the clay. ___



Mold me and make me; this is what I pray. ___



Change my heart, O God; ___ make it ev-er true. ___



Change my heart, O God; ___ may I be like you. ___

“Remember That You Are Dust” - ACS 919 - Sing 3 times

1* 2

Re - mem - ber that you are dust, and to
dust you shall re - turn.

Detailed description: The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff begins with a treble clef and a key signature of one sharp (F#). It contains two measures: the first measure is marked '1*' and the second '2'. The melody consists of quarter notes and half notes. The lyrics 'Re - mem - ber that you are dust, and to' are written below the first staff, and 'dust you shall re - turn.' are written below the second staff. The second staff continues the melody with quarter notes and half notes, ending with a double bar line.

* *May be sung in canon*

Text: Ash Wednesday liturgy

Music: CROSS OF ASHES, Mark Mummert, b. 1965

Music © 2009 Augsburg Fortress

“Shepherd Me, O God” - ELW 780

Refrain
All

Shep- herd me, O God, be - yond my wants, be - yond my fears, from
death in - to life. life.

to stanzas 1, 2, 3, 5 *to stanza 4*

Detailed description: The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff begins with a treble clef and a key signature of one sharp (F#). It contains two measures of music. The lyrics 'Shep- herd me, O God, be - yond my wants, be - yond my fears, from' are written below the first staff, and 'death in - to life. life.' are written below the second staff. The second staff continues the melody with quarter notes and half notes, ending with a double bar line. Above the second staff, there are two boxes: the first box contains the text '*to stanzas 1, 2, 3, 5*' and the second box contains the text '*to stanza 4*'. The first box is positioned over the first measure of the second staff, and the second box is positioned over the second measure of the second staff.

Leader or All

1 God is my shep- herd, so noth - ing shall I want, I
2 Gent - ly you raise me and heal my wea - ry soul, you
3 Though I should wan - der the val - ley of death, I
rest in the mead - ows of faith - ful - ness and love, I
lead me by path - ways of righ - teous - ness and truth, my
fear no e - vil, for you are at my side, your

Detailed description: The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff begins with a treble clef and a key signature of one sharp (F#). It contains two measures of music. The lyrics '1 God is my shep- herd, so noth - ing shall I want, I' are written below the first staff, '2 Gent - ly you raise me and heal my wea - ry soul, you' are written below the second staff, and '3 Though I should wan - der the val - ley of death, I' are written below the third staff. The second staff continues the melody with quarter notes and half notes, ending with a double bar line. The lyrics 'rest in the mead - ows of faith - ful - ness and love, I' are written below the first staff, 'lead me by path - ways of righ - teous - ness and truth, my' are written below the second staff, and 'fear no e - vil, for you are at my side, your' are written below the third staff.

Refrain

walk by the qui - et wa - ters of peace.
spir - it shall sing the mu - sic of your name.
rod and your staff, my com - fort and my hope.

Detailed description: The image shows one staff of musical notation in G major (one sharp) and 4/4 time. It begins with a treble clef and a key signature of one sharp (F#). The melody consists of quarter notes and half notes. The lyrics 'walk by the qui - et wa - ters of peace.' are written below the first staff, 'spir - it shall sing the mu - sic of your name.' are written below the second staff, and 'rod and your staff, my com - fort and my hope.' are written below the third staff. The staff ends with a double bar line.

Leader or All



4 You have set me a ban-quet of love in the face of

Refrain



ha-tred, crown-ing me with love be-yond my pow'r to hold.

Leader or All



5 Sure-ly your kind-ness and mer-cy fol-low me all the days of my life;



I will dwell in the house of my God for-ev - er - more.

Final refrain
All



Shep-herd me, O God, be - yond my wants, be -



yond my fears, from death in - to life.

Text: Marty Haugen, b. 1950, based on Psalm 23

Music: SHEPHERD ME, Marty Haugen

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P Accomplish in us, O God, the work of your salvation,
C **that we may show forth your glory in the world.**

P By the cross and passion of your Son, our Savior,
C **bring us with all your saints to the joy of his resurrection.**

P Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life.

C **Amen.**



The assembly may be seated.

PRAYERS OF INTERCESSION

A Drawn close to the heart of God, we offer these prayers for the church, the world, and all who are in need.

Renew your church, O God. When we have drifted from our call to proclaim repentance and to guide your people toward justice, lead us back to you. Encourage believers who hold the church's doors open to those who have felt excluded. Merciful God, **hear our prayer.**

Renew your creation, O God. Transform parched places into watered gardens and preserve every creature that awaits the arrival of spring. Teach us to become responsible stewards of all you have made. Merciful God, **hear our prayer.**

Renew our civic life, O God. Bring peace to Ukraine and all areas where there is violence or conflict, including the political divides in our own country. Make us advocates for the liberation of all who are oppressed and grant our leaders the courage to make difficult decisions. Merciful God, **hear our prayer.**

Renew our lives, O God. Spare your people from diseases of the body, mind, or spirit and send healing to those overcome by illness or grief, especially all those on our Mount Cross and St. Columba's prayer lists. Restore to us the joy of your salvation. Merciful God, **hear our prayer.**

Renew our congregations, O God. During these forty days of Lent, confirm our sense of mission and expand our imagination for ministry and collaboration. Deepen our faith, increase our love, and draw us into your unfolding work of healing and restoration. Merciful God, **hear our prayer.**

God who listens, we now offer you our own prayers, either silently or aloud (*pause*) ... Merciful God, **hear our prayer.**

Accept the prayers we bring, O God, on behalf of a world in need, for the sake of Jesus Christ.

C **Amen.**

PEACE

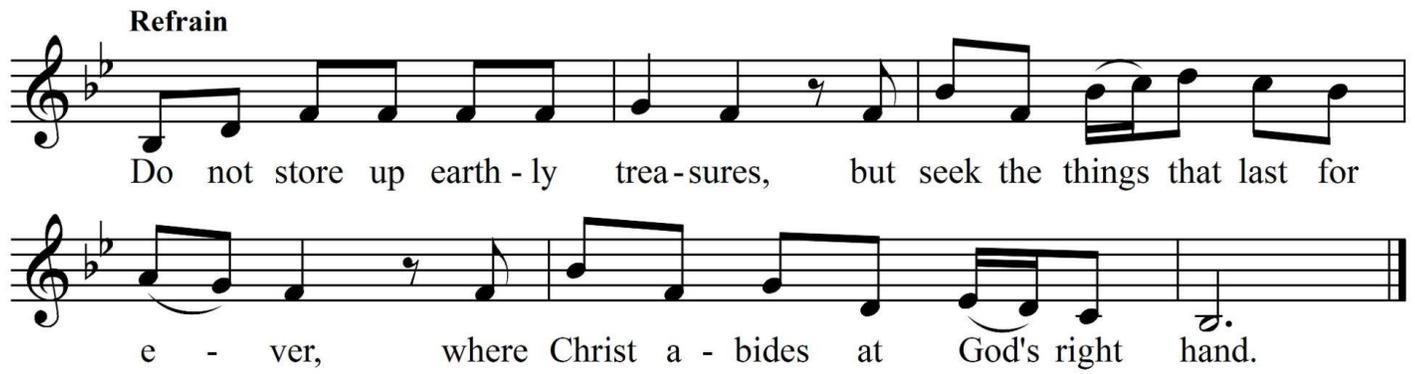
P The peace of Christ be with you always.

C **And also with you.**

The offering collected today will be divided between Lutheran Disaster Response and Episcopal Relief & Development to aid humanitarian efforts in Ukraine.

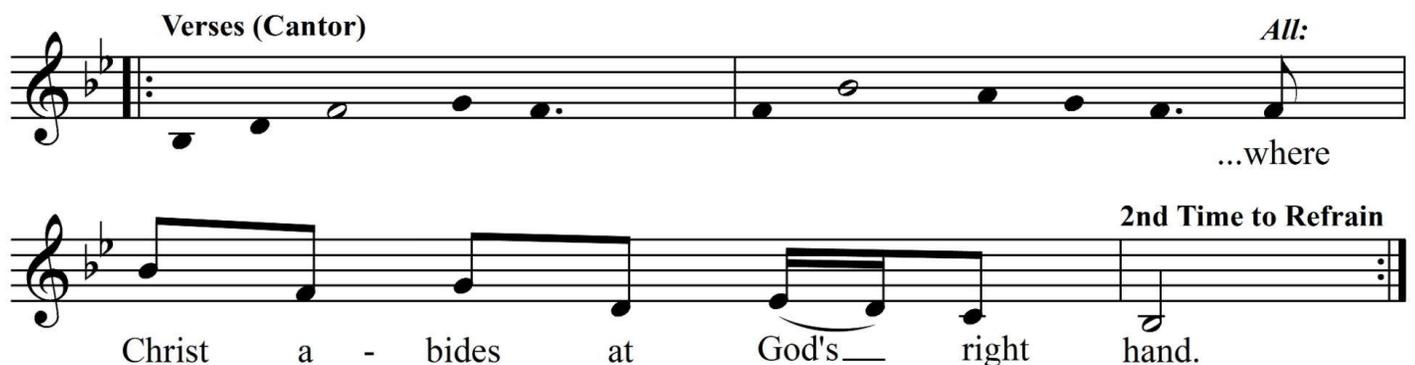
OFFERING SONG - "Do Not Store Up Earthly Treasures" (Psallite)

Refrain



Do not store up earth - ly trea - sures, but seek the things that last for
e - ver, where Christ a - bides at God's right hand.

Verses (Cantor) *All:*



...where
Christ a - bides at God's right hand.

2nd Time to Refrain

Music and refrain text from Psallite, © 2006, The Collegeville Composers Group. All rights reserved.

Refrain Music based on WACHET AUF, J.S. Bach

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OFFERING PRAYER

A Extravagant God,
you have blessed us with the fullness of creation.
Now we gather at your feast
where you offer us the food that satisfies.
Take and use what we offer here, come among us,
and feed us with the body and blood of Christ,
in whose name we pray.

C **Amen.**



As able, the assembly stands for the Great Thanksgiving.

GREAT THANKSGIVING

P The Lord be with you.

C **And also with you.**

P Lift up your hearts.

C **We lift them to the Lord.**

P Let us give thanks to the Lord our God.

C **It is right to give our thanks and praise.**

P It is indeed right, our duty and our joy,
that we should at all times and in all places
give thanks and praise to you, almighty and merciful God,
through our Savior Jesus Christ.

You call your people to cleanse their hearts
and prepare with joy for the paschal feast,
that, renewed in the gift of baptism,
we may come to the fullness of your grace.

P And so, with all the choirs of angels,
with the church on earth and the hosts of heaven,
we praise your name and join their unending hymn:

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,

The first system of musical notation consists of a treble and bass staff. The treble staff has a key signature of two flats (B-flat and E-flat) and a common time signature. The melody begins with a half note G4, followed by quarter notes A4, B-flat4, and C5. The bass staff provides a harmonic accompaniment with chords and single notes.

ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,

The second system of musical notation continues the melody and accompaniment from the first system. The treble staff melody includes a half note G4, quarter notes A4, B-flat4, and C5, and a final half note G4. The bass staff accompaniment continues with similar harmonic support.

heav-en and earth are full, full of your glo - ry.

The third system of musical notation features a treble staff melody with a half note G4, quarter notes A4, B-flat4, and C5, and a final half note G4. The bass staff accompaniment continues with harmonic support.

Ho - san - na in the high - est, ho - san - na in the high - est.

The fourth system of musical notation continues the melody and accompaniment. The treble staff melody includes a half note G4, quarter notes A4, B-flat4, and C5, and a final half note G4. The bass staff accompaniment continues with harmonic support.

Bless-ed is he who comes in the name of the Lord.

The fifth system of musical notation features a treble staff melody with a half note G4, quarter notes A4, B-flat4, and C5, and a final half note G4. The bass staff accompaniment continues with harmonic support.

Ho - san - na in the high - est, ho - san - na in the high - est.

The sixth system of musical notation concludes the hymn with a treble staff melody and a bass staff accompaniment. The treble staff melody includes a half note G4, quarter notes A4, B-flat4, and C5, and a final half note G4. The bass staff accompaniment continues with harmonic support.

P Holy God, mighty and merciful,
your people praise you, saying:
C **Your mercy endures forever.**

P By your promise
you bound yourself to earth and all its creatures,
granting them life and calling them to flourish,
setting the sign of your bow in the clouds,
the colors of your love and faithfulness.
C **Your mercy endures forever.**

P By your promise
you bound yourself to your people of old,
blessing them with family outnumbering the stars
and calling them to be a blessing to others,
showing them steadfast love in every generation
and calling them to be a light to the nations.
C **Your mercy endures forever.**

P By your promise
you joined us to Jesus, your Beloved,
grafting us into your living Vine,
and calling us to bear the fruit of your self-giving love.

In the night in which he was betrayed,
our Lord Jesus took bread, and gave thanks;
broke it, and gave it to his disciples, saying:
Take and eat; this is my body, given for you.
Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks,
and gave it for all to drink, saying:
This cup is the new covenant in my blood,
shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.

With this bread and cup
we remember his life laid down and lifted up
as we proclaim the mystery of faith.
C **Christ has died.**
Christ is risen.
Christ will come again.

P Send your Holy Spirit upon us
and these gifts of bread and wine.
Bless us to be a blessing.
Make us a sign of your faithfulness.
Send us to tend and cherish the earth
and to serve the world with mercy and love.

With all the saints in light,
with the earth and all its creatures,
with sun and moon and stars,
we praise you, O God, through Christ Jesus,
in your Spirit, now and forever.

C **Amen.**

P Gathered into one by the Holy Spirit,
let us pray as Jesus taught us.

C **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

**Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
forever and ever.**

Amen.

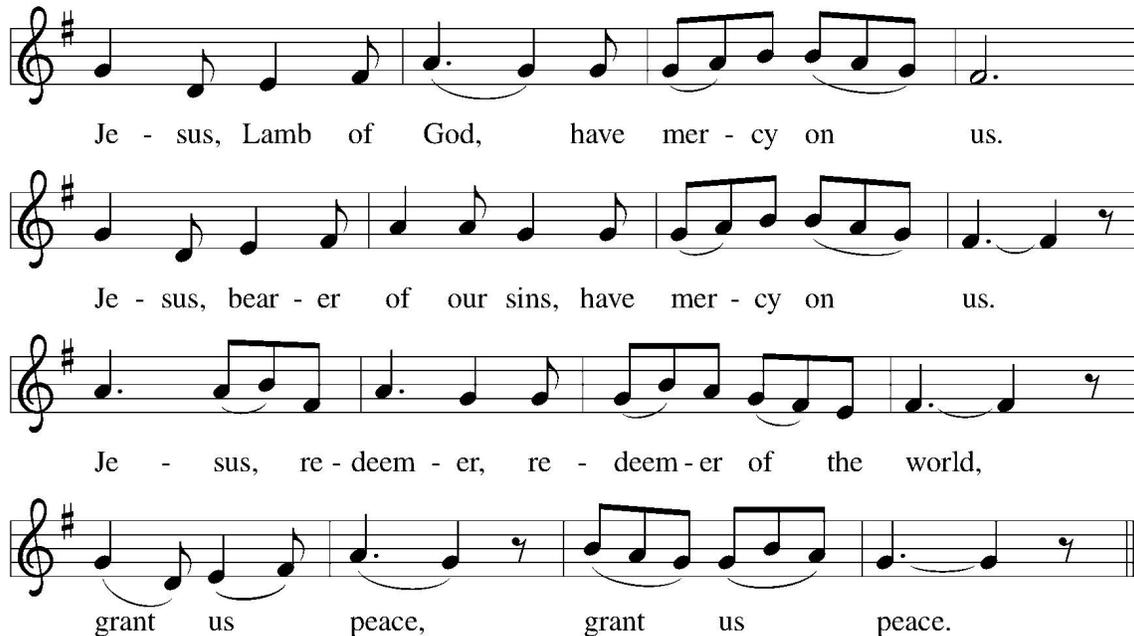
BREAKING OF THE BREAD/ INVITATION TO COMMUNION

P Here is food and drink for the journey.
Take and be filled.



The assembly may be seated.

LAMB OF GOD - "Jesus, Lamb of God" - ELW 199



Je - sus, Lamb of God, have mer - cy on us.

Je - sus, bear - er of our sins, have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world,

grant us peace, grant us peace.

Music: *Deutsche Messe*, Franz Schubert, 1797–1828; adapt. Richard Proulx, b. 1937
Adapt. © 1985, 1989 GIA Publications, Inc., 7404 S. Mason Ave., Chicago, IL 60638 www.giamusic.com
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All are welcome at the Lord's Table. Holy Communion will be distributed in the center aisle. Ushers will dismiss people by rows, beginning from the back of the church. Please come forward to receive the bread, and then walk to the side to receive wine or grape juice. Place your empty cup in the trays provided. Communion ministers will bring Holy Communion to those with mobility challenges (or those worshiping outside who don't wish to come inside).

PRAYER OF SPIRITUAL COMMUNION (for our Livestream viewers)

A spiritual communion is a personal devotion that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion. As Martin Luther once wrote: "I can enjoy the sacrament ... every day if only I keep my eyes on the promise, that is, on the words and promise of Christ, which feeds and strengthens my faith."

As we distribute Holy Communion to the congregation here, we invite those on the livestream to offer the Prayer of Spiritual Communion displayed on your screen:

I worship and adore you, Lord Jesus Christ, present in the bread and wine, and present in your people, who are gathered in spirit. In this moment I join with them to receive you in my heart.

(We pause for silent prayer).

Fill us all with your love and grace, and strengthen us to serve the world in your name. Amen.¹

¹ Adapted by Pastor Julie from a prayer written by the Anglican Diocese of Niagara.



COMMUNION SONGS - "Lord, Listen to Your Children Praying" - ELW 752 - sing 3 times

Lord, lis-ten to your chil-dren pray-ing, Lord, send your Spir-it in this place;

Lord, lis-ten to your chil-dren pray-ing, send us love, send us pow'r, send us grace.

“Just As I Am, without One Plea” - ELW 592

1 Just as I am, with - out one plea, but that thy blood was
2 Just as I am, though tossed a - bout with man - y a con - flict,
3 Just as I am, thou wilt re - ceive, wilt wel - come, par - don,
4 Just as I am; thy love un - known has bro - ken ev - 'ry

shed for me, and that thou bidd'st me come to thee,
man - y a doubt, fight - ings and fears with - in, with - out,
cleanse, re - lieve; be - cause thy prom - ise I be - lieve,
bar - rier down; now to be thine, yea, thine a - lone,

O Lamb of God, I come, I come.

The musical score is written in G major (one flat) and 4/4 time. It consists of three systems, each with a vocal line and a piano accompaniment line. The lyrics are printed below the vocal line. The first system contains the first four lines of the hymn. The second system contains the next four lines. The third system contains the final line of the hymn.

Text: Charlotte Elliott, 1789–1871

Music: WOODWORTH, William B. Bradbury, 1816–1868

PRAYER AFTER COMMUNION

A Blessed Jesus, in this rich meal of grace,
you have fed us with your body, the bread of life.
Now send us forth to bear your life-giving hope to a world in need.

C **Amen.**

As able, the assembly stands for the Blessing.

BLESSING

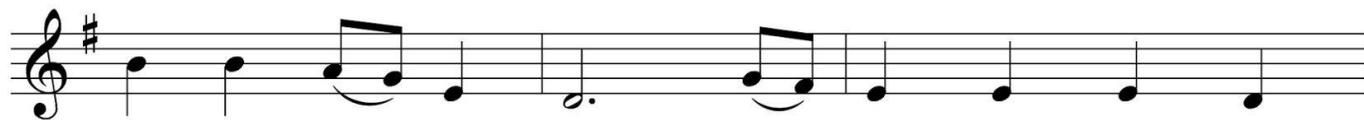
P May Christ who calls you to take up your cross,
give you strength to bear your own and one another's burdens.
And the blessing of God our Creator, + Redeemer
and Giver of life be with you now and always.

C **Amen.**

SENDING SONG - "All Things of Dust to Dust Return" (Troeger/KINGSFOLD)



1. All things of dust to dust re - turn on
 2. Lord, mark with dust and ash our brows so
 3. Lord, mark up - on our brows this sign: a



earth and in the sky. The hot - test, bright - est
 we may com - pre - hend that ev - 'ry mo - ment
 stark and bar - ren cross re - mind - ing us that



suns that burn in time grow dim and die. The
 here and now links us to that same end. We
 though di - vine You know our pain and loss, and



fish that leap, the birds that soar, the
 share with all that breathe and burn, that
 at the touch of dust and ash a -



new - born young that play, the leaves that fill the
 flare and fade and - tire yet by their wan - ing
 wake our hearts to view how death it - self is



for - est floor re - vert to dust and clay.
 light dis - cern your own un - dy - ing fire.
 but a flash that dies a - way in You.

Words: Thomas H. Troeger © 2009, Oxford University Press, adapt.

Music: KINGSFOLD (CMD); English melody; harm. Ralph Vaughan Williams.

DISMISSAL

- A Go forth into the world to serve God with gladness;
be of good courage;
hold fast to that which is good;
render to no one evil for evil;
strengthen the fainthearted; support the weak;
help the afflicted; honor all people;
love and serve God, rejoicing in the power of the Holy Spirit.
- C **Thanks be to God.**

POSTLUDE - Guy Ervin III

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If you haven't already done so today, let us know you're watching us online - fill out our connection card: <https://bit.ly/MCLCConnect>.

Lent Programs

All are welcome to St. Columba's Chapel on **Mondays, through April 4**, at 7:00 p.m., for **Lectio Divina** on the upcoming Gospels for the Sundays of Lent. This ancient practice of reading and reflecting on the scriptures helps us enter into our Sunday worship more fully.

On the **Wednesdays in Lent** (March 9, 16, 23, 30, and April 6), we'll host St. Columba's for a **Lenten Study, Soup Supper, and Holden Evening Prayer**, beginning at 5:00 p.m. each week, here at Mount Cross.

Our theme will be "Embracing an Adult Faith" as we explore a richer understanding of issues in contemporary Christian practice and theology, featuring renowned theologian Marcus Borg.

(The class will also be repeated on Zoom - <https://bit.ly/LentClass2022> - on Thursdays at 11:00 a.m. each week.)

PRAYER CONCERNS from MOUNT CROSS

We pray for Bob Anderson, Tom Andino (friend of Carol Browning), **Heather Askew** (daughter of a cousin of Joan Brundage), **Ed and Tonna Brodie** (friends of Becky Riley), **Bob Brown** (friend of Pastor Julie Morris), **Mike Caceres** (nephew of Becky Gilbertson), **Lorraine & Mike Carpenter, Steve Doshier** (brother-in-law of Paul Crockett), **Scott Fajnor, Doria & Vladimir Fanning** (sister and brother-in-law of Barbara Burke), **Melissa Henry, Charles Hilley, Jo Holler, Nancy Jaeger, Joyce Larisey** (mother of Val Starkgraf), **Penny Luhrsen, Paul Marigonda** (friend of Becky Riley), **Rick Mahlke** (son of friend of Barbara Burke), **Lucille Miley, the family of Mary O'Donnell, Karen Nelson, Lynn Nelson** (mother of Julie Fernandez), **Michael and Mercedes Olivera** (brother of Courtney Burke), **Maria Riley** (daughter-in-law of Becky Riley), **Marina Olsen** (cousin of Marni Engh), **Jayne Pompey, Jim Prosser, James Purcer, Marie Swartz** (sister of Jo Holler), **Val Starkgraf, Chris Truchan** (friend of the Burke family).

*Unless otherwise specified, prayer requests remain in the bulletin for four weeks.
If you would like to add or remove someone to or from the prayer list, please
e-mail the church office at office@mountcross.com or call 805.482.3847.*

PRAYER CONCERNS from ST. COLUMBA'S

We pray for

those with immediate needs:

Bob, Deborah, Nazar, Sandy, Bransby, Jennifer, Caitlyn, Dori, Pauline, Marjory, Jacob, Sylvia, Stan, Beth, Jennie, Jennifer, Richard, Sue, Kandis, Danielle, Robin, Marlene, Jen, Josette, Melyssa, Terry, Gail, Sylvia, Vicky, Kylie, Jerry, Gail, Jacqui, Sandi, Maggie, Sandie, Denise, Robbie, Bill, Richard, Dick, Lisa, Skylar, Mona

and those who need our continuing prayers:

Tim, Stephanie, Nancy, Bruce, Jeff, Ron, Jerry, Pedro, David, Timmy, Donna, Therese, Linda, Ann, Arlene, Joy, Lisa, Sofia, Jan, Roni, Alison, Eileen, Taka, the children at Good Shepherd Mission in Belize, Ingrid, Kalle, Blair, Jill, Leslie, Susan, Evelyn, Sharon, Karen, Belen, Sally, Rex, Justin, Pam, Mariana
(Italicized names are St. Columba's parishioners.)

For the repose of the soul of: John Forder and for his family and friends.

*To make changes to the prayer list for St. Columba's, please contact the church office
(office.manager@stcolumbaca.com) or 805-482-8831.*